



Voice Lab # 5: Voicing the Elements

With Eran Natan

The next voice lab will enable us to research different elements from the natural world surrounding us through our voice: Ice, fire, wind, stone, earth, sand, and lava are all natural elements with a vocal presence, either overt or covert, which have accompanied man from the dawn of history. The early man was influenced by the voices of nature around him, and adopted them as part of his way of life and as a tool for expressing his emotional, communicational and ceremonial needs:

'Language was originally a system of emotive and imitative sounds, expressing terror, fear, anger, love... sounds which imitate the noises of the elements: The rushing and gurgling of water, the rolling of thunder, the roaring of the wind, the cries of the animal world.'
(Jung 1952: 12-14)



In the workshop we shall embark on an individual and group journey in order to trace the vocal elements which are concealed within our body; we'll learn to free them and express them authentically using different vocal techniques. The workshop will include listening as well as movement and touch exercises, which will be used as a supporting foundation to enable each participant to broaden his vocal expression. No previous vocal experience is needed in order to take part in the workshop.

When and where?



Friday 15/05/09, 7 - 9pm, in Swiss Cottage Community Centre, 19 Winchester Rd. NW3 3NR (3-4 min. walk from Swiss Cottage tube).

Fee: £12 / £10 (concession)



About me:

I am a graduate of the Sesame MA Drama and Movement Therapy program and a qualified special needs and drama teacher. I am currently working as a dramatherapist and counselor, with a special interest in voice exploration. My approach towards voice is influenced by Frankie Armstrong, Guy Dartnell (Voicemotion) and Margaret Pikes (following the Roy Hart approach).

In addition to the monthly 'Voice Lab' I ran voice workshops at the Sesame seasonal schools and at the MA dramatherapy program. The last voice workshop I ran was held at CSSD as part of 'Theatre Noise' international conference.

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