



Voice Laboratory # 3: Voicing the Back

With Eran Natan

The next 'Voice Laboratory' will focus on creating awareness to the importance of our back: The back can help us give an authentic vocal expression to our personal experiences and emotions.

Throughout the workshop we will explore different ways in which touch, voice and vibration encourage our listening ability and our self awareness. We will also experiment with diverse movements of our back in the space, which allow spontaneous, non-verbal and creative aspects of our voice to emerge.

When and where?



Friday 23/01/09, 7 - 9pm, London Buddhist Arts Centre (LBAC), 2nd floor of Eastbourne House, Bullards Place, E2 0PT (nearest tube – Bethnal Green).

Fee: £10 / £8 (concession)

Please note: It takes about 10 minutes to walk from the tube station to the studio – please bear this in mind as the workshop will begin at 7pm promptly!

How to get there:

From Bethnal Green tube station turn right into Roman Road.

Walk for about 7 minutes.

You will then see a market place in front of you: turn right just before it into Morpeth street (the bakery 'Greg' should then be on your left side).

Take the second turn left to Bullards place. You will see the Buddhist Arts Centre (LBAC) on your left. Ring the 2nd floor bell and climb the steps all the way up to the upper studio.

About Eran:

I am a graduate of the Sesame MA Drama and Movement Therapy program and a qualified special needs and drama teacher. I am currently working as a dramatherapist, focusing on voice exploration. I have participated in different voice workshops ran by Frankie Armstrong, Guy Dartnell (Voicemotion) and Margaret Pikes (following the Roy Hart approach) and practiced different methods such as Overtones. In addition I ran a few voice workshops, also at the Sesame seasonal schools.



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