



## Voice 'Laboratory' # 2

With Eran Natan

The next 'Voice Laboratory' workshop will focus on vocal exercises that combine touch and movement in order to stimulate our voice potential. We will continue to develop our listening skills and see how our voice affects other people.

During the workshop we will explore different possibilities of non-linguistic vocal expression: through play and improvisation we'll discover unfamiliar aspects of our voice, which can at times be funny, surprising, creative and deep.

The workshop will involve group work, exercises in pairs and also individual exploration, in a contained and supportive environment. There is no need for previous voice experience.

### *When and where?*



Friday 12/12/08, 7 - 9pm, London Buddhist Arts Centre (LBAC), 2<sup>nd</sup> floor of Eastbourne House, Bullards Place, E2 0PT (nearest tube – Bethnal Green).

Fee: £10 / £8 (concession)

***Please note:*** It takes about 10 minutes to walk from the tube station to the studio – please take this under consideration as the workshop will begin at 7pm promptly!

### How to get there:

From Bethnal Green tube station turn right into Roman Road. Walk for about 7 minutes.

You will then see a market place in front of you: turn right just before it into Morpeth street (the bakery 'Greg' should then be on your left side).

Take the second turn left to Bull place. You will see the Buddhist Arts Centre (LBAC) on your left. Ring the 2<sup>nd</sup> floor bell and climb the steps all the way up to the upper studio.

### About me:

I am a graduate of the Sesame MA Drama and Movement Therapy program and a qualified special needs and drama teacher. I am currently working as a dramatherapist, focusing on voice exploration. I have participated in different voice workshops ran by Frankie Armstrong, Guy Dartnell (Voicemotion) and Margaret Pikes (following the Roy Hart approach) and practiced different methods such as Overtones. In addition I ran a few voice workshops, also at the Sesame seasonal schools.

Number of places is limited, please confirm your participation.

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