

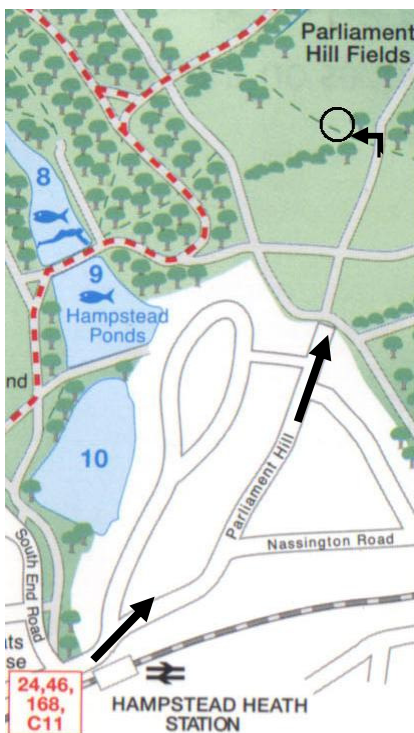
Voice Lab # 6: Forest Voices

With Eran Nathan

The last voice lab workshop before a two months summer break will take place outside, in the heart of Hampstead Heath. In the workshop we shall explore our connection to nature: Attuning to the peace of the forest; listening to the natural voices surrounding us; and sensing and moving under the canopy - will all encourage us to discover our authentic voice.

The workshop will include vocal work inspired by our natural setting, in a group and in couples, using our bodies and voices. We shall practice individual slow-walk in the forest, focusing on listening and voicing, and will create dialogues with different natural elements. Influenced by these encounters with nature we shall then try to embody our sensations creatively through dance and song.

Please bring with you: Comfortable footwear, warm clothing for the evening time and drinking water.



When and where?

Friday 3/07/09, 6:30 - 9pm, in Hampstead Heath. Meeting point: Outside Hampstead Heath Overground station at 6:30pm; from there we will walk together to the workshop's location in the Heath (15 min. walk).

Fee: £12 / £10 (concession)

Important notice: As the workshop is held outside, it is subject to weather conditions. Please inform me if you wish to participate, so I could contact you in case of cancellation due to bad weather.

About me:

I am a graduate of the Sesame MA Drama and Movement Therapy program and a qualified special needs and drama teacher. In addition to the monthly 'Voice Lab' I ran voice workshops at the Sesame seasonal schools and at the MA dramatherapy program. I also offer voice therapy sessions to individuals. More details at: www.dramatherapy-path.com

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